



# Newsletter

Spring 2019

Volume 2, Issue 1

## Happy Spring!

*Spring has sprung and the BLPA is back for another season of activity! However, we haven't been hibernating! We have been busy behind the scenes to get activities organized, calendars and information updated. But first, a sincere thanks goes out to our dedicated Board of Directors who ensures the BLPA's mission is met. They volunteer hundreds of hours for meetings and also roll up their sleeves to get out in the field to do stewardship and outreach. Gratitude goes to Ann, our Coordinator for communicating with our volunteers, organizing our work parties and keeping things in order. A special thanks to Trina Sakata, our Community Development Coordinator at Metro Vancouver Regional Parks and the staff of the Central Area Office. We wouldn't be able to do the work we do without your support.*

*Thank you. - Irene Lau, Chair - BLPA Board of Directors*

## You're Invited!

The Burnaby Lake Park Association would like to invite you to our Annual General Meeting with a special guest speaker.

**Date:** Wednesday, April 17, 2019

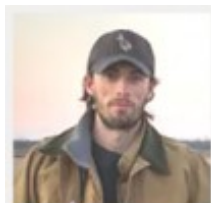
**Time:** 7:00-9:00 pm

**Place:** Metro Vancouver Central Area Office  
9146 Avalon Avenue (off Cariboo Road)

Myles Lamont is a biologist, naturalist, and the principal of [Terra Fauna Wildlife Consulting](#). He has worked in wildlife management and conservation with a variety of species but has a special interest in Sandhill Cranes and runs the [Sandhill Crane Sightings web page](#) for people to record their observations for his research.

We will begin the evening with a short meeting to conduct our AGM business before Myles' presentation. After the presentation, we will break for refreshments which will provide an opportunity for mix and mingle with your fellow stewards, nature lovers and a chance for you to meet the BLPA directors and other volunteers.

**Please RSVP** so we can plan for refreshments and seating. You can use the [form on our website](#) or send an email to Ann at [info@burnabylakepark.ca](mailto:info@burnabylakepark.ca).



# 2018 Achievements

It was another busy and productive year! First, a thank you to the hundreds of volunteers who come out to do stewardship work in our beloved Burnaby Lake Regional Park. Our hardworking volunteers never fail to impress! In 2018:

- over **380** volunteer instances
- over **1120** volunteer hours

Specifically, with our BLPA volunteers:

- **Nest Box Servicing:** 2 work parties
  - ◇ 44 volunteers for 145 hours
- **Ecological Restoration:**
  - 11 Weedbuster work parties
  - + 2 EcoBlitzes
  - ◇ 336 volunteers for 975 hours
  - ◇ Removed approximately **4670 kg** of invasive species, + **11%** over 2017
  - ◇ Planted approximately **500** plants, **13** varieties of native species



The majority of our volunteers are from Burnaby (53%) and our neighbours in Vancouver, Coquitlam and Port Moody (28%). However, we have a group who come in from West Vancouver (7%). We have drop-ins from around Metro Vancouver as well as visitors from China and one fellow who was on vacation from Ontario looking for to volunteer on Earth Day in April and found us!

## Weedbusters 2019



For those of you who like to plan ahead, here are the Spring/Summer Weedbuster dates so you can mark your calendars. Find detailed information, directions and meeting locations on our website at [Events](#) tab. If you need more information or would like to bring your community group, [contact](#)

[Ann by email at](#)  
[info@burnabylakepark.ca](mailto:info@burnabylakepark.ca).

**Sundays 1:00 - 4:00 pm /  
Tuesdays 6:30 - 8:30 pm**

- **S April 28** - Glencarin Trail
- **S May 26** - Avalon
- **S June 9** - \*10 am-2 pm\*, Avalon
- **T June 11** - Avalon
- **S June 23** - Glencarin Work Site
- **S July 7** - Glencarin Trail
- **T July 9** - Avalon
- **S July 15** - Glencarin Trail
- **T July 17** - Avalon
- **S July 23** - Avalon
- **S July 28** - Avalon

*Always check our website to closer to the date to see if there are any changes*



**Save the Date**

## Environment Week: Wild About Burnaby Lake

REGIONAL  
**BURNABY  
LAKE**  
PARK

Sun, Jun 9, 2019 | 10 am – 2 pm

Want some wild fun without leaving the city? Learn how to bring more nature to Burnaby through stewardship displays, guided walks and invasive species pulls.

### NEW LOCATION

Park at Avalon entrance and meet at Cariboo Dam

### ALL AGES

FREE, drop by anytime

Registration required for walking tours: 604-432-6359

Info: [www.metrovancouver.org](http://www.metrovancouver.org) (search 'Wild About Burnaby Lake')  
or [www.burnabylakepark.ca](http://www.burnabylakepark.ca)

Presented with Burnaby Lake Park Association  
& City of Burnaby



SERVICES AND SOLUTIONS FOR A LIVABLE REGION

**\*Interested in signing up for a guided walk or a Weedbusters session? Visit [www.burnabylakepark.ca](http://www.burnabylakepark.ca) for registration links. Spots will fill up fast! Plan to spend time visiting our stewardship partners interactive exhibits. There will be a charity BBQ provided by the Burnaby Firefighters Charitable Society, so come hungry!**

# Connect with us!

Do you follow us on our social media channels? They allow us to show what is happening in the park at that moment — whether it's a live shot or before/after from a work party, or to share a beautiful scene, or photo from local photographers of birds or wildlife, or plants.



“Now in Bloom” is a new feature suggested by one of our volunteers, Hannah L., as a way for our community to learn about the native species they will see in the park, many which are planted by the BLPA in our restoration projects. You will find us on [Twitter](#), [Facebook](#) and [Instagram](#) “@BurnabyLakePark” as well as our [website](#). If you have any suggestions of what you would like to see or learn, please message via the platform or email to [Irene@BurnabyLakePark.ca](mailto:Irene@BurnabyLakePark.ca)



May has been officially proclaimed as **INVASIVE SPECIES ACTION MONTH**. Visit [BCinvasivesmonth.com](http://BCinvasivesmonth.com) to find out how you can commit to be **Invasive Free**, as a [responsible pet owner](#), a [plant-wise gardener](#) or if you are out on Burnaby Lake or other bodies of water, to [Clean, Drain and Dry](#) your canoe or kayak.

Commit to be **INVASIVE FREE**

- Don't Let it Loose! be a responsible pet owner
- Choose Non-Invasive alternatives for your garden
- Clean, Drain, Dry your boat and equipment

## Mark Your Calendars!

### APRIL

- 17: 7-9 pm, [AGM & Guest Speaker](#), CAO
- 28: 1-4 pm, [Weedbusters](#), GTE

### MAY

- 15: 7-9 pm, [BLPA Board Meeting](#), CAO
- 26: 1-4 pm, [Weedbusters](#), APL

### JUNE

- 9: 10-2 pm, [Wild About Burnaby Lake](#), [Weedbusters](#), APL
- 11: 6:30-8:30 pm, [Weedbusters](#), APL
- 19: 7-9 pm, [BLPA Board Meeting](#), CAO
- 23: 1-4 pm, [Weedbusters](#), GWS



CAO = Central Area Office GTE = Glencarin Trail Entrance APL = Avalon Parking Lot GWS = Glencarin Work Site

Full event details, directions as well as other outreach and event listings with our community partners can be found at: [burnabylakepark.ca/events](http://burnabylakepark.ca/events)



**Contact us:** 9146 Avalon Avenue, Burnaby, BC V3N 4G8  
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[www.BurnabyLakePark.ca](http://www.BurnabyLakePark.ca)  
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